



Audio Disc: #2



Visual Disc: #2

Artist: Krystal Meyers
Album: Make Some Noise

Theme:
Determination -
Stand Your Ground

Devotional

2 MAKE SOME NOISE

KRYSTAL MEYERS

1 Start Up

In order to reinforce for your students the importance of regularly praising and thanking God for what He has done, have a "Thankful Relay." Assign a timekeeper and have the adults participate as well. When the first person gets to the podium, they have 15 seconds to list as many things as possible that they are thankful for. When the timekeeper calls out TIME, the next person runs to the podium and lists the things they are thankful for. Once everyone has had a turn, start with the first person again and give each student 10 seconds to name things they didn't mention before. When each person has completed their turn, go through one last round giving each student 5 seconds to list things they haven't previously mentioned. Each student should have 3 turns at the podium.

2 Get Focused

After the game, play the song, "Make Some Noise." Ask your students how it felt to be thanking God in such a public way. Did it feel comfortable, or just the opposite? Was it difficult for them to think of things to thank and praise God for? If so, why?

Discuss with them the meaning and purpose of praise and thankfulness and how it can change us from the inside out. Encourage them to think of some of the obstacles to a heart of thankfulness and how they might be overcome. Why does God's Word instruct us to praise Him?

Psalm 149:1-5

- 1) God wants us to be creative with our praise. (v. 1, 3)
- 2) God wants us to praise one another together. (v. 1)
- 3) God takes pleasure in our praise.

Psalm 105:1-2

- 1) God wants us to make Him known to others through our praise.
- 2) God wants us to tell Him of His works.

3 Wind Down

Look over these verses with your students and talk about different ways in which we can express our praise to God. Discuss with them the importance God places on praise and why this might be case. You might ask questions like, "If God already knows the works that He performs, why does He instruct us to tell Him of them?" Or, "How does thankfulness on our parts serve as a testimony to others on a daily basis?" You might also want to examine the negativity that pervades our culture and the ways in which it serves as an obstacle to a heart of thankfulness. Encourage your students to begin keeping a "thank you journal" in which, at the end of each day, they write down five things for which they are thankful. In a few weeks, ask them to bring their journals with them and discuss with the group how keeping these journals affected them.